

DANCERS ARE GOVERNED BY NORTH AMERICAN FEIS COMMISSION RULES

No Videotaping of Dancing Competition

Adopted By The North American Feis Commission, 1993 (Amended October 2005)

EFFECTIVE JANUARY 1, 2008

This Feis is registered, sanctioned and will be governed by the rules of An Coimisiún le Rincí Gaelacha (www.CLRG.ie), the North American Feis Commission (www.northamericanfeiscommission.org) Patricia Watkins, President, and the Mid-Atlantic Region (www.mid-atlanticregion.com). Please refer to applicable websites for rules governing the feis.

- 1) In the case of all solo and team competitions in all grades, the age of a competitor on 1st January of the year in which the competition is held will determine the right of entry. For the purposes of this Rule a competitor whose birthday occurs on 1st January shall be deemed to be under the age attained on that date.
- 2) Competitions are open only to amateurs. Teachers or other professionals cannot compete in the category in which they major. All dancers must be pupils of a person currently registered with An Coimisiún as a Dancing Teacher of any category
- 3) A competitor may be disqualified for any of the following reasons:
 - a) Conduct unbecoming a lady or gentleman.
 - b) Failure to report on time to compete. (Penalty: disqualification from said event).
 - c) Falsification of age or other important facts – i.e., teaching, award winning, competing under another competitor's name or number, etc.
 Penalty for (a) or (c): Competitor will be disqualified from the Feis at which the occurrence happened and from all NAFC – registered Feiseanna for a period of one year beginning at the date of the occurrence.
- 4) Competitions may be closed if there are no competitors at the assigned stage ready to compete when the competition is scheduled or announced. May not pertain to situation where competitors are involved in stage conflicts.
- 5) Solo competitors in Beginner, Advanced Beginner, Novice or Open (Prizewinner) competitions:
 - a) Must compete in their own age group. The Standard Age Groups, all levels are contained in the handbook on page 7.
 - b) Must be prepared to perform two steps in each event.
 - c) Cannot change competition on the day of the Feis.
- 6) Steel taps or "bubble" heels on dancing shoes, display of awards, wearing of shorts or other unconventional dress is prohibited. Authentic Gaelic dress is desired. Modest attire is encouraged when competitor is not dancing.
- 7) Competitor's number must be worn and visible to adjudicators when performing in all competitions, except in Championships.
- 8) Awards will be determined in proportion to the number of entries in each competition and to the degree of proficiency shown.
- 9) Complaints must be in writing stating names and other factual information and signed by the complainant. A ten-dollar fee must be enclosed and presented to the Feis Chairman within one hour of the occurrence. The fee will be returned if the complaint is upheld.
- 10) The Feis Committee and any organization affiliated with same, will not be held responsible for personal injury, property loss or damage. Destruction of Feis property or rental property will be punishable by law.
- 11) The Feis reserves the right to reject any entry for cause, to cancel or postpone all or part of the Feis and to limit competitor's performing time. The decision of the Feis committee is final in all matters connected with the Feis.
- 12) Competitors must answer all questions as required by the Feis Entry committee, including teacher's name, and enclose the entry fee when mailing. Failure to do so will result in a rejected entry. Entries must be postmarked on or before the closing date or they will be subject to a late fee of \$10.00.
- 13) Entrants in any Championship event may not enter in any other (Grade) events, but may enter in Figure Dances. Entrants in Championships should specify, on the entry form, their choice of set dance. Entrants cannot change competition or category on the day of the competition.
 - a) Dancers must qualify for Open Championship via the method now in place for Preliminary Championship, i.e. two 1st place wins.
 - b) Dancers must compete in the Preliminary Championship competition in order to qualify for Open Championship
 Open Championship competitions for boys and girls must be held separately.
- 14) Preliminary Championships are open to those who, at any NAFC recognized Feis:
 - a) Have placed 1st, a heavy dance & 1st in a light dance in Open (Prizewinner) solo categories, and
 - b) Have never won 1st, 2nd or 3rd in Open Championship. A dancer who wins three First Place awards in one calendar year will move on to Open Championship the following year, or as soon as the third win is achieved, in any age category, in the following years. Only in the case of back-to-back Feiseanna (successive days), in which case the first win in the first Feis will not change the dancer's status for the second Feis. A dancer is required to perform a light shoe dance (reel or slip jig for ladies and reel only for men) and a hard shoe dance. A Feis can opt to offer either (a) a set dance or (b) a jig/hornpipe. Standard Age Groups for Preliminary Championships - See Handbook page 7 Preliminary Championship competitions may be combined.
- 15) Championships and Preliminary Championships require at least three adjudicators.
- 16) First Place winners in the Open Championships category cannot return to a Preliminary or Open (prizewinner) competition. Oireachtas does not change the status of a competitor.
 1. A dancer may move from Open to Prelims IF he/she did not legitimately place in Open.
 2. If, after dancing for two years in Open, a dancer has not won, he/she may return to Prelim status.
- 17) The status of the dancer does not change unless there are five or more dancers in a competition.
- 18) Grade Categories: Competitors have the option to remain in the same category for the remainder of the Feis year. The syllabus is to contain all grade categories. A feis committee may combine two consecutive age categories into the higher of the two categories within that grade when less than five (5) competitors are entered. Combining male and female dancers in any category is left to the discretion of each region.

Beginner Grade: A beginner is a competitor who has not taken a full year of Irish Dance lessons, thereby giving beginners a full year with such status. A Beginner must move into the Advanced Beginner category the next year.

Advanced Beginner Grade: An advanced beginner who wins 1st, 2nd, or 3rd place will advance to the Novice category in that particular dance. Competition dancers are reel, light jig, slip jig, traditional treble jig and traditional hornpipe., as a minimum requirement.

Novice Grade: A novice who wins a 1st place will advance to the Open (Prizewinner) category in that particular dance.

Open Grade (Prizewinner): A competitor who does not qualify as a Beginner, Advanced Beginner or as a Novice

Adult Beginner: An adult beginner is a competitor who never took Irish dancing lessons as a juvenile and is over 18 years of age.
- 19) Musicians and adjudicators cannot be approached during a competition by anyone except the Feis Committee. No one can approach them while a competitor is performing.
- 20) Musicians employed by the Feis Committee will be solely under the direction and management of the Feis Committee on Feis day.

- 21) Figure Dancing: Teachers or team captains are responsible that their teams are complete and in position when the competition is announced. Competitors may compete in the next higher age group; however, a competitor may compete in only one age group.
- 22) In matters pertaining to adjudication, the decision of the adjudicators is final.
- 23) Adjudicators are to monitor the quality of music at the stage(s) to which they are assigned.
- 24) Beginner, Advanced Beginner and Adult dancers are required to dance at traditional speeds. Novice and Open dancers may choose between traditional or Oireachtas speeds.
- 25) Any form of unauthorized photography which has the capability to capture dancers image whilst in motion using electronic or manual means i.e. cell phone standard camera, video camcorder, etc. with or without flash enhancements is strictly prohibited.
- 26) Standard Figure Dancing Competitions are as follows: Under 7 - 3 Hand Reel, Under 9 - 3 Hand Reel, Under 11 - 4 Hand Reel, Under 13 -4 Hand Reel, Under 15 -3 Hand Reel, 15 and Over -2 Hand Reel. A Feis has the option of adding (not substituting) other figure dances in any of the age categories.
- 27) There will be no refund of entry fees.
- 28) Entries are to be submitted on a 3x5 index card stating: Name, address, telephone no., date of birth, age as of 1/1/10, teacher's name, and competition numbers. Payment must accompany all entries.
- 29) The use of makeup is prohibited in the first 3 grades (First Feis, Beginner & Advanced Beginner) up to & including the 12 and under age group.
- 30) Any competitor found to be using artificial carriage aids and refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed aids (proof of which may be required) will be exempt from this rule.
- 31) When a feis hires adjudicators for their event, one third of their adjudicators (minimum) must be from outside of the region where the event is held.
- 32) As of September 1, 2005, that no block, en pointe, stationary or moving may be performed by any ages up to and including under 12 age group.
- 33) As of 1/1/08 competitors in "First Feis", Beginners and Advanced Beginner competitions must wear either a School Costume or Blouse and Skirt - No solo/dress costumes allowed.
- 34) By submitting an entry form, Parent or Legal Guardian agrees to abide by the rules governing the feis as listed on the Mid-Atlantic Region web site www.mid-atlanticregion.com AND the rules of the NAFC as listed on the NAFC website: <http://northamericanfeiscommission.org/>
- 35) MAILING INSTRUCTIONS (No cash). Make checks or money order payable to:

The Long Island Feis
and mail completed 3x5 entry card and fee to:

The Long Island Feis
P.O. Box 53
Centereach, NY 11720
Closing Date **July 17, 2010. Late Fee of \$10.00 per competitor will be enforced.**
NO ENTRIES OR PHONE CALLS AFTER JULY 24TH.
***Enclose Self Addressed Stamped Envelope for competitor # or Pickup day of Feis**
Marks may be obtained by the competitor, parent or guardian at site.

DANCING COMPETITION
(We use ADCRG Adjudicators only)
ENTRY FEE

\$9.00 per competition which include marks
\$30.00 for each Championship mark included
-Does not include any late fees or change fees
\$95.00 maximum entry fee per family
\$10.00 per change fee Per Competition

SPECIAL COMPETITION
All Ages - Dance to Reel DTR

SOLO IRISH DANCING
BEGINNERS: Solo Dancing - A student who started Irish Dancing after September 1, 2009

Beginner and Advanced Beginner Competitors must wear either a class costume or skirt and blouse. No solo/dress costumes allowed.***

BEGINNER
*The Metronomic Speed for Reel is 118 & Slip Jig is 118

GIRLS	REEL	LIGHT JIG	SLIP JIG
Under 5	1	2	3
Under 6	4	5	6
Under 7	7	8	9
Under 8	10	11	12
Under 9	13	14	15
Under 10	16	17	18
Under 11	19	20	21
Under 12	22	23	24
Under 13	25	26	27
Under 14	28	29	30
Under 15	31	32	33
15 & Over	34	35	36

BOYS	REEL	LIGHT JIG
Under 5	37	38
Under 6	39	40
Under 7	41	42
Under 8	43	44
Under 9	45	46
Under 10	47	48
Under 11	49	50
Under 12	51	52
Under 13	53	54
Under 14	55	56
Under 15	57	58
15 & Over	59	60

ADVANCED BEGINNER - Dancers will dance 2 steps at a time, An Advanced beginner who wins 1st, 2nd, 3rd place will advance to the Novice category in that particular dance. Competition dances are limited to reel, light jig, slip jig treble jig & traditional hornpipe.
*The metronomic speed for heavy jig is 92 and hornpipe is 138.
Reel is 118 & Slip Jig is 118.

GIRLS	REEL	LJ	TJ	SLIP	HP
Under 6	101	102	103	104	105
Under 7	106	107	108	109	110
Under 8	111	112	113	114	115
Under 9	116	117	118	119	120
Under 10	121	122	123	124	125
Under 11	126	127	128	129	130
Under 12	131	132	133	134	135
Under 13	136	137	138	139	140
Under 14	141	142	143	144	145
Under 15	146	147	148	149	150
15 & Over	151	152	153	154	155

ADVANCED BEGINNER (continued)

BOYS	REEL	LJ	TJ	HP
Under 6	156	157	158	159
Under 7	160	161	162	163
Under 8	164	165	166	167
Under 9	168	169	170	171
Under 10	172	173	174	175
Under 11	176	177	178	179
Under 12	180	181	182	183
Under 13	184	185	186	187
Under 14	188	189	190	191
Under 15	192	193	194	195
15 & Over	196	197	198	199

NOVICE: A student who has placed 1st in solo competition in BEGINNERS. **Dancers 2 steps, 2 at a time.**
*The metronomic speed for novice hvj jig 73/92 abd hornpipe is 113/138

NOVICE - GIRLS

REEL	LJ	TJ	SLIP	HP	
Under 7	206	207	208	209	210
Under 8	211	212	213	214	215
Under 9	216	217	218	219	220
Under 10	221	222	223	224	225
Under 11	226	227	228	229	230
Under 12	231	232	233	234	235
Under 13	236	237	238	239	240
Under 14	241	242	243	244	245
Under 15	246	247	248	249	250
15 & Over	251	252	253	254	255

BOYS	REEL	LJ	TJ	HP
Under 7	256	257	258	259
Under 8	260	261	262	263
Under 9	264	265	266	267
Under 10	268	269	270	271
Under 11	272	273	274	275
Under 12	276	277	278	279
Under 13	280	281	282	283
Under 14	284	285	286	287
Under 15	288	289	290	291
15 & Over	292	293	294	295

PRIZE WINNERS: A student who has placed 1st in Novice Solo Dancing. **OPEN PRIZEWINNER - Dancers 2 steps, 2 at a time.**
*The metronomic speed for prize winner heavy jig is 73 or 92 and hornpipe is 113 or 138

GIRLS

REEL	LJ	TJ	SLIP	HP	
Under 8	301	302	303	304	305
Under 9	306	307	308	309	310
Under 10	311	312	313	314	315
Under 11	316	317	318	319	320
Under 12	321	322	323	324	325
Under 13	326	327	328	329	330
Under 14	331	332	333	334	335
Under 15	336	337	338	339	340
15 & Over	341	342	343	344	345

BOYS	REEL	LJ	TJ	HP
Under 8	346	347	348	349
Under 9	350	351	352	353
Under 10	354	355	356	357
Under 11	358	359	360	361
Under 12	362	363	364	365
Under 13	366	367	368	369
Under 14	370	371	372	373
Under 15	374	375	376	377
15 & Over	378	379	380	381

PRELIMINARY CHAMPIONSHIPS - PLEASE NOTE NEW RULING REGARDING PRELIMINARY CHAMPIONSHIPS IN MID-ATLANTIC REGION: Open to competitors who have placed 1st in Prizewinner solo light (Reel or Slip Jig) and heavy dance (Jig or Hornpipe) at any Feis. Dancers who win **THREE 1st** place Preliminary Championships in one calendar year must move onto Open or as soon as the **3rd** win is achieved in the following years.

PRELIMINARY CHAMPIONSHIPS
Choice of soft and hard shoe must be specified on entry card as follows: A=Reel/Jig, B=Reel/Hornpipe, C=Slipjig/Jig, D=Slipjig/Hornpipe
BOYS & GIRLS

See rules 3,13,14,15,16,17
Championship. Dancers must dance Reel or Slip Jig and Heavy Jig or Hornpipe - Competitors MUST indicate on their entry card what dance selection they choose: (Reel or Slip Jig) & (Jig or Hornpipe). All dancing will be performed 3 at a time. Up to and including under 13.

Under 8	401A,B,C,D	Under 12	405A,B,C,D
Under 9	402A,B,C,D	Under 13	406A,B,C,D
Under 10	403A,B,C,D	Under 14	407A,B,C,D
Under 11	404A,B,C,D	Under 16	408A,B,C,D
		16 & over	409A,B,C,D

OPEN CHAMPIONSHIPS

Competitors must dance a lead and 2 steps of a Reel or Slip Jig and Set Piece of their choice. Set Piece to be danced on the right foot only. Soft shoe to be danced 3 at a time. Up to and including under 12. Under 9 Must dance Traditional Set.

GIRLS	PEE WEE CHAMPIONSHIP	Boys
501	Girls under 9 Years Boys Under 9 Years	508
	MINOR CHAMPIONSHIP	
502	Girls under 10 Boys under 10 Years	509
	JUNIOR CHAMPIONSHIP	
503	Girls under 12 Boys under 12 Years	510
	INTERMEDIATE CHAMPIONSHIP	
504	Girls under 14 Boys under 14 Years	511
	SENIOR CHAMPIONSHIP	
505	Girls under 16 Boys under 16 Years	512
	LADIES & GENTLEMEN	
506	Girls under 18 Boys under 18 Years	513
507	Girls over 18 Boys over 18 Years	514

PARENT AND CHILD DANCE

Competitors will dance 2, 3, or 4 hand reel. Not open to T.C.R.G. or ADCRG. Entry fee is \$8.00 per competitor. #600

ART COMPETITIONS (Irish Motif)

ENTRY FEE: \$3.00 per entry.
Maximum size 21" x 25"

Entries must be acrylic, oil or water colors with an Irish motif. Entries must be submitted on Feis day before noon and picked up before 5:00 P.M. Entries with glass will not be accepted. Competitors name shall not appear on entry.

	Under 12	12 under 18	Over 18
ACRYLIC	601	602	603
OIL	604	605	606
WATER	607	608	609
SCULPTURE	610	611	612
Needle Work	613	614	615

ESSAY COMPETITION

ENTRY FEE: \$3.00 per entry

Entries must be written at home and submitted with entry card postmarked no later than July 24, 2010. Competitor's name shall not appear on the essay. Standard 8 1/2 x 11 white paper shall be used, one side only.

ELEMENTARY SCHOOL (Grades 1-8)

My Favorite Irish Person
(min. 300 words) 616

HIGH SCHOOL & Above

Why Commodore John Barry is the Father of the United States Navy
(500 words) 617

SOLO SINGING COMPETITIONS

NO ENTRY FEE

Girls under 18	618	Boys under 18	619
Girls over 18	620	Boys over 18	621

SODA BREAD COMPETITION

NO ENTRY FEE

All entries become the property of the Feis.
1st, 2nd & 3rd Places Awarded 622

IRISH LANGUAGE COMPETITION

NO ENTRY FEE

623. Basic (Bun chúrsa) competition for beginners; consists of basic conversation and recitation of "Mise Eire".
624. Intermediate (Meán chúrsa) competition for students with about 2 years experience; consists of conversation and more difficult poem to translate.
625. Advanced (Árd Chúrsa) competition- for experienced speakers; consists of conversation and reading and translating selected works of prose and poetry.

SEISIÚN

No Entry Fee
(12:00 - 3:00 pm)

MUSIC COMPETITION

Entry Fee: \$7.00 each
(12:00 - 3:00 pm)

Competitors must play one choice of air / traditional tune.

Comb.	Fiddle	Accordion	Tin Whistle	Misc.
Beg U12	626	627	628	629
Beg O12	630	631	632	633
Adv U12	634	635	636	637
AdvO12	638	639	640	641

DeBellis Family Memorial Scholarship
\$200.00

Open to participating dance competitors 13 years and up

Topic: The positive influence of Irish step dancing on my life. 500 words maximum, double spaced, typewritten and mailed to L. I. Feis, P.O. Box 53, Centereach, NY 11720

Deb 642

Address all inquiries to:

Long Island Feis Committee
P.O. Box 53
Centereach, NY 11720

For further Feis information call:

(631) 544-0961

(631) 736-3969, (631) 736-2171

ADMISSION: \$12.00 per adult (includes parking & program)

Long Island
feis



www.longislandfeis.org

SYLLABUS

Forty-Second

Annual Long Island

FEIS

Limited to first 800 Entries

Competition

Sponsored by

FATHER FRANCIS FITZGERALD

DIVISION 8 A.O.H.

and

FATHER MURPHY OF BOULAVOGUE

DIVISION 9 A.O.H.

Suffolk County, Long Island



TO BE HELD AT STATE UNIVERSITY OF NEW YORK

**STONY BROOK,
STUDENT ACTIVITIES CENTER
Stony Brook, NY**

on

**AUGUST 1, 2010
COMMENCING 8:30 A.M.
MASSES AT ST. JAMES CHURCH
Rt. 25A, Setauket, NY**

8:00 a.m., 9:30 a.m., 11:30 a.m. & 6:00 pm

2010 North American Feis Commission Championships

Minor Championship - George Sweetnam Memorial Trophy,
Feile Samhain, Portland, Oregon, USA, October 30-31, 2010

Junior Irish Dancing Championship - Robert Gabor Perpetual Trophy
Feile Baile Ros, Windsor, Ontario, Canada, August 14, 2010

Senior Irish Dancing Championship - Gerry Campbell Perpetual Belt
Chicago Autumn Feis, Lynwood, Illinois, USA, November 6, 2010

NAFC MEMBER
Patricia Watkins, President
Member of An Coimisiun
Dublin, Ireland

Directions to Long Island Feis

By Car - From New York City, take the Long Island Expressway (LIE, I-495) eastbound from Queens Midtown Tunnel in Manhattan or the Throgs Neck Bridge or Whitestone Bridge in Queens to exit 62, and follow Nicolls Road (Route 97) north for 9 miles. Take the Main Entrance to the University on the left. At first light, turn right onto Circle Road (towards Charles B. Wang Center). Make a left onto John S. Toll Drive and follow John S. Toll Drive around the loop to parking lot H on your lefthand side. (The Physical Plant Offices will be on right.) Park in parking lot H and walk to Student Activities Center.

By Train - Take the Long Island Railroad's Port Jefferson line from Penn Station in Manhattan to Stony Brook. The LIRR station is at the north end of the campus; bus service to the central campus is provided. Trains to and from Penn generally require transfers at Jamaica or Huntington. Hicksville is also a transfer point on some lines.

By Ferry - Car ferries cross Long Island Sound at Bridgeport, Connecticut to Port Jefferson, Long Island. Take Route 25A west to Nicolls Road, and turn left on Nicolls. Turn right at the south entrance follow signs to parking lot H. From New London, Connecticut to Orient Point, Long Island: Take Route 25A west to Nicolls Road and proceed as above. www.portjefferry.com 631-473-0286.

HOTELS IN AREA

Hampton Inn	(631) 234-0400
Holiday Express	(631) 471-8000
Court Yard by Marriott	(631) 612-5000
Danford Inn	(631) 928-5200

Reserve as early as possible!

Campus Residence Available:

Contact Conference Housing

at 631-632-1773

Call early for reservations

Approx \$49/person/night with linens

First, second and third place winners in their respective competitions may dance for the following memorial trophies:

JOHN MCMANUS / MIKE MURPHY TROPHY
Competitions 505, 506, 507, 512, 513, 514

ROBERT FRAZIER TROPHY
Competitions 504, 511

PEAKE & WORRELL TROPHY
Competitions 501, 502, 503, 508, 509, 510

ED & MARY REYNOLDS TROPHY
Competitions 405, 406, 407, 408, 409

JOYCE HENNESSY / TENA McCORMACK TROPHY
Competitions 401, 402, 403, 404

Final Open competitors must dance a set piece in contrasting tempo to the one performed in the qualifying competition. Final Preliminary competitors may dance a set piece of their own choice. All dance-off trophies are the property of the winners. All dance-off trophies are Irish Crystal.

Adjudicators

Sean Flynn	New York
Joan McNiff Cass	New York
Joan Cass	New York
Michael Meehan	Ireland
John O'Keefe	Connecticut
Linda Sanfillippo	New York
Cathy Spencer-Revis	New York
Patty K. Lenihan	Connecticut
Michael Bergin	New York
Sheila Dupuis	Connecticut

Musicians

Dom Lavin
Cathy Lavin
Nial Mulligan
Billy Furlong
Pete Kelly
Pat Keogh
Ann Marie Acosta

Long Island
feis
Festival of Irish Culture
PO Box 53
Centereach, NY 11720

